

# Swim Lesson Q&A

## ***When does ClubWorx offer swim lessons, and what level should my child be in?***

ClubWorx offers swim lessons year round granted there is enough interest to fill a class. We run each session on a monthly basis that is twice a week for four weeks. We offer most Red Cross WSI levels on a regular basis during the winter months. All levels are offered during our summer swim program. Please check online at [www.clubworx.net/swimlessons](http://www.clubworx.net/swimlessons) for level descriptions.

## ***Which days of the week are classes offered and when are make ups?***

We will initially fill a Tuesday/Thursday class until capacity and then open a Monday/Wednesday class if there are enough students. Make ups are not offered if your child misses their scheduled lesson. However, Fridays are reserved for make ups if inclement weather forced us to cancel one of their scheduled nights or if your instructor cancels due to illness. All classes start at either 5:00pm or 6:00pm during our winter months and are 45 minutes long.

## ***What is the class size?***

We limit the number of participants to 5 children per class so that each child has ample time with the instructor.

## ***How much do lessons cost?***

The member rate is \$88 per session and non-members pay \$113.

## ***How do I sign up and how do I know where to place my child?***

There is a list of swim lesson descriptions posted to our Web site for your reference. If you are interested in registering, please contact Maura Bledsoe at (919) 567-3400 or [mbledsoe@clubworx.net](mailto:mbledsoe@clubworx.net) and she can discuss what lessons and nights are available. She can

also go over level criteria so that you feel comfortable as to where you place your child. If a class is full we do offer to put the participant on a waiting list.

***When can my child move to the next level?***

At the end of a session the swim instructor will hand out a progress report of your child's accomplishments. At that time you may place your child in the next level of lessons as long as they've passed predetermined criteria.

***Who are the instructors?***

Much like you, our five instructors are parents/teachers themselves so you can feel at ease about the instructor assigned to your child's class. Many of them swam competitively and they have over 20 years of swim experience combined. All instructors are Red Cross WSI and CPR certified. Maura Bledsoe can give you a more detailed description of your child's instructor and as always will place your child based on their needs and personality with a little help from you!

***Do you offer private swim lessons?***

Yes, if your schedule does not permit your child to attend either group session, private lessons are offered that can be arranged with an instructor on your own time. This is great for the student that would like more instruction than in a group atmosphere, someone practicing for a swim team or any adults for that matter! You can arrange to speak with an instructor about your family's personal needs by contacting Maura Bledsoe at (919) 567-3400. Cost for members is \$24 per 30 minute lesson and \$30 per 30 minute lesson for non-members. Semi-private (2 individuals) lessons are also available upon request. Participants must be at approximately the same level of ability to participate in a semi-private lesson.