

Clubworx Indoor Pool Schedule (revised 2/22)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time							
5:00a	Adult Lap	Masters	Adult Lap	Masters	Adult Lap			5:00a							
5:30a		Swim		Swim				Swim	5:30a						
6:00a										6:00a					
6:30a				Adult Lap				Adult Lap	Adult Lap	Adult Lap	6:30a				
7:00a		Swim		Swim				Swim	Swim	Swim	Adult Lap	7:00a			
7:30a		5:00-9:30am		6:00-9:30am				5:00-9:30am	6:00-9:30am	5:00-9:30am	Swim	7:30a			
8:00a											7-9:30am	8:00a			
8:30a												8:30a			
9:00a												9:00a			
9:30a	Group Classes	Group Classes	Group Classes	Group Classes	Group Classes	Group Classes	Adult Lap	9:30a							
10:00a	9:30am	9:30am	9:30am	9:30am	9:30am	9:30am		10:00a							
10:30a	Modified Open Swim	Modified Open Swim	Modified Open Swim	Modified Open Swim	Modified Open Swim	Modified Open Swim		Swim	10:30a						
11:00a	10:30am-12pm	10:30am-12pm	10:30am-12pm	10:30am-12pm	10:30am-12pm	10:30am-6:45pm	10am-12pm	11:00a							
11:30a								11:30a							
12:00p	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Modified Open Swim		12:00p							
12:30p	12-1pm	12-1pm	12-1pm	12-1pm	12-1pm			12:30p							
1:00p	Modified Open Swim	Modified Open Swim	Modified Open Swim	Group Classes	Modified Open Swim			Modified Open Swim	Modified Open Swim	1:00p					
1:30p				1:00pm						1:30p					
2:00p				Open Swim						Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	2:00p
2:30p				1-4:30pm						1-5pm	1-4:30pm	2-5pm	1-7:45pm	12-5:45pm	2:30p
3:00p															3:00p
3:30p															3:30p
4:00p									4:00p						
4:30p	Swim Team	Lessons	Swim Team	Lessons						4:30p					
5:00p										5-5:45pm	4:30-7:15pm	5-5:45pm	5:00p		
5:30p													5:30p		
6:00p	Swim Team	Lessons	Swim Team	Lessons				6:00p							
6:30p								6-6:45pm	4:30-7:15pm	6-6:45pm	6:30p				
7:00p											7:00p				
7:30p	Adult Lap	Group Classes	Adult Lap	Group Classes				7:30p							
8:00p	Swim	7-8pm	Swim	7-8pm				Adult Lap	8:00p						
8:30p	7:30-9:45pm	Swim	7:30-9:45pm	Swim				Swim	8:30p						
9:00p		8-9:45pm		8-9:45pm					9:00p						
9:30p									9:30p						

*Lanes 3 & 4 are shared lanes. *Families that swim must stay in one lane and reserve lanes 1 or 2.
 *Must have a reservation to swim. Please cancel 2 hours in advance.