Clubworx Indoor Pool Schedule (revised 09/24)

Time	Monday	Tuesday	Wednesday	/ 24) Thursday	Friday	Saturday	Sunday	Time
5:00a		Masters		Masters				5:00a
5:30a		Swim		Swim				5:30a
6:00a								6:00a
6:30a	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap			6:30a
7:00a	Swim	Swim	Swim	Swim	Swim	Adult Lap		7:00a
7:30a	5:00-9:30am	6:00-9:30am	5:00-9:30am	6:00-9:30am	5:00-9:30am	Swim		7:30a
8:00a						7-9:30am		8:00a
8:30a								8:30a
9:00a								9:00a
9:30a	Group	Group	Group	Group	Group Classes	Group		9:30a
10:00a	Classes 9:30am	Classes 9:30am	Classes 9:30am	Classes 9:30am	9:30am	Classes 9:30am	Adult Lap	10:00a
10:30a	Modified	Modified	Modified	Modified	Modified		Swim	10:30a
11:00a	Open Swim 10:30am-	Open Swim 10:30am-	Open Swim 10:30am-	Open Swim 10:30am-	Open Swim 10:30am-		10am-12pm	11:00a
11:30a	12.500m 12pm	12.500ml	12pm	12pm	12.500 m	Modified		11:30a
12:00p	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Adult Swim	Open Swim 10:30am-		12:00p
12:30p	12-1pm	12-1pm	12-1pm	12-1pm	12-1pm	6:45pm	Modified	12:30p
1:00p							Open Swim 12-2pm	1:00p
1:30p								1:30p
2:00p								2:00p
2:30p	Modified	Modified	Modified	Modified				2:30p
3:00p	Open Swim 1-5pm	Open Swim 1-5pm	Open Swim 1-5pm	Open Swim 1-5pm				3:00p
3:30p					Modified		Possible Pool Parties	3:30p
4:00p					Open Swim	Possible Pool Parties		4:00p
4:30p					1-7:30pm			4:30p
5:00p	Lessons	Lessons	Lessons	Lessons				5:00p
5:30p	5-5:45pm	5-5:45pm	5-5:45pm	5-5:45pm				5:30p
6:00p	Lessons	Lessons	Lessons	Lessons				6:00p
6:30p	6-6:45pm	6-6:45pm	6-6:45pm	6-6:45pm				6:30p
7:00p	Swim Team	Group Classes	Swim Team	Group Classes				7:00p
7:30p		7-8pm		7-8pm				7:30p
8:00p	Modified	Modified	Modified	Modified				8:00p
8:30p	Open Swim 7:30-9:30pm	Open Swim 8-	Open Swim 7:30-9:30pm	Open Swim 8-				8:30p
9:00p		9:30pm		9:30pm				9:00p
9:30p								9:30p
	*01 . 171	erany and Swi						

*Physical Therapy and Swim School have priority in lanes. *Must have a reservation to swim. Please cancel 2 hours in advance.