

SHAKE NUTRITION AT A GLANCE

20 oz.	Strawberry Slam	Berry, Berry Slim	Mango Crusher	Hawaiian Harvest	Cracker Jax	Chocolate Frosty
Calories	310	310	280	320	370	320
Fat	1.5g	1.5g	1.5g	3.5g	6g	4.5g
Carbohydrates	55g	53g	45g	51g	50g	28g
Added Sugar	0g	0g	0g	0g	28g	18g
Protein	21g	22g	22g	20g	35g	45g

20 oz.	Lemon Drop	Mo' Mass
Calories	290	620
Fat	2g	20g
Carbohydrates	46g	80g
Added Sugar	40g	22g
Protein	24g	34g

20 oz.	I Love Veggies	I Love Veggies Lite	Tender Greens	Anti-Inflammatory	Frozen Matcha Latte	Complete Meal
Calories	280	270	370	270	300	540
Fat	2.5g	7g	17g	3g	2.5g	20g
Carbohydrates	44g	29g	30g	40g	45g	62g
Added Sugar	0g	6g	17g	7g	37g	24g
Protein	22g	25g	25g	36g	24g	35g

20 oz.	Slenderberry	Strawberry Lean	The Caffeinator	Dragon Peach
Calories	210	190	260	350
Fat	2.5g	2.5g	2.5g	2g
Carbohydrates	22g	17g	36g	61g
Added Sugar	0g	0g	29g	0g
Protein	25g	25g	24g	22g

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20 oz.	Peanut Butter Cup	PB Cup Lite	Banana Nut Blast	Banana Nut Blast Lite	Blueberry Crumble	Red Velvet Cupcake
Calories	510	400	280	510	320	300
Fat	21g	7g	1.5g	20g	4.5g	3g
Carbohydrates	35g	35g	45g	34g	51g	38g
Added Sugar	18g	18g	0g	0g	15g	18g
Protein	53g	54g	22g	52g	23g	30g

20 oz.	Red Velvet Cupcake Lite	Organic Cookie Crunch
Calories	210	370
Fat	4g	10g
Carbohydrates	23g	31g
Added Sugar	10g	12g
Protein	22g	40g

16 oz.	PREcovery
Calories	70
Fat	0g
Carbohydrates	15g
Added Sugar	8g
Protein	0g

Iced Refreshers - 20 oz.	Watermelon Cucumber Mint	Kiwi Lemongrass Mint	Strawberry Acai
Calories	83	80	80
Fat	0g	0g	0g
Carbohydrates	20g	22g	22g
Added Sugar	0g	0g	0g
Protein	2g	2g	2g