

Clubworx Indoor Pool Schedule (revised 10/25)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time			
5:00a	Adult Lap Swim 5:00-9:30am	Adult Lap Swim 5:00-9:30am	Adult Lap Swim 5:00-9:30am	Adult Lap Swim 5:00-9:30am	Adult Lap Swim 5:00-9:30am	Adult Lap Swim 7-9:30am		5:00a			
5:30a								5:30a			
6:00a								6:00a			
6:30a								6:30a			
7:00a								7:00a			
7:30a								7:30a			
8:00a								8:00a			
8:30a								8:30a			
9:00a								9:00a			
9:30a	Group Classes 9:30am	Group Classes 9:30am	Group Classes 9:30am	Group Classes 9:30am	Group Classes 9:30am	Group Classes 9:30am	Adult Lap Swim 10am-12pm	9:30a			
10:00a	Group Classes 10:30am	Modified Open Swim 10:30-5pm	Group Classes 10:30am	Modified Open Swim 10:30-5pm	Modified Open Swim 10:30-7:30pm	Modified Open Swim 10:30am-6:30pm		10:00a			
10:30a								10:30a			
11:00a								11:00a			
11:30a						11:30a					
12:00p						Modified Open Swim 12-5:30pm	12:00p				
12:30p							12:30p				
1:00p							1:00p				
1:30p							1:30p				
2:00p	Modified Open Swim 11:30-5pm							Possible Pool Parties	2:00p		
2:30p									2:30p		
3:00p									3:00p		
3:30p									3:30p		
4:00p									4:00p		
4:30p									4:30p		
5:00p		Lessons 5-5:45pm	Lessons 5-5:45pm	Lessons 5-5:45pm	Lessons 5-5:45pm	Privates Lessons Possible			5:00p		
5:30p								5:30p			
6:00p	Lessons 6-6:45pm	Lessons 6-6:45pm	Lessons 6-6:45pm	Lessons 6-6:45pm	6:00p						
6:30p								6:30p			
7:00p	Modified Open Swim 7:00-9:30pm	Group Classes 7-8pm	Modified Open Swim 7:00-9:30pm	Group Classes 7-8pm	7:00p						
7:30p								7:30p			
8:00p								8:00p			
8:30p								8:30p			
9:00p								9:00p			
9:30p								9:30p			

**Physical Therapy and Swim Lessons have priority in lanes.*

**Must have a reservation to swim. Please cancel 2 hours in advance.*